



Virginia Department of
Behavioral Health &
Developmental Services

Update on the Implementation of STEP-VA

Behavioral Health Commission

July 26 2022

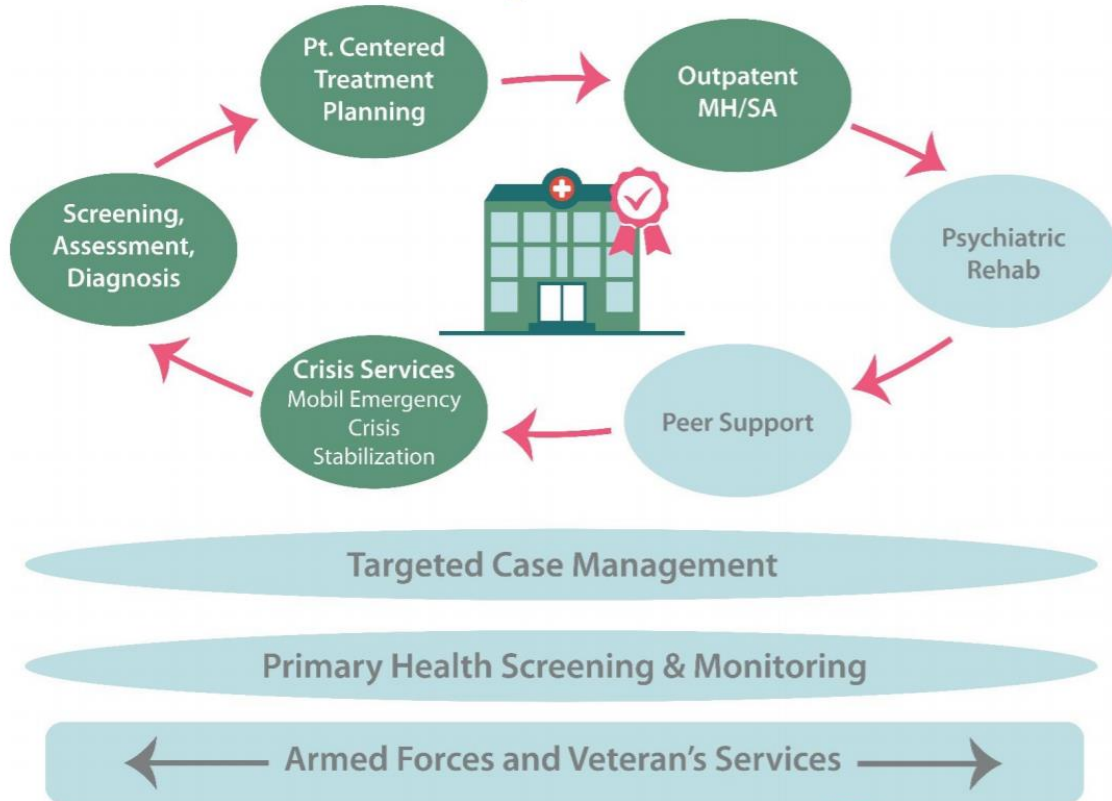
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Virginia Department of Behavioral Health
and Developmental Services

DBHDS Vision: A life of possibilities for all Virginians

National Model, Virginia Model

CCBHC Scope of Services



CCBHC = Certified Community Behavioral Health Clinic

Same Day Access

Primary Care Screening

Outpatient Services

Crisis Services

Peer and Family Support

Psychiatric Rehabilitation

Veterans Services

Case Management

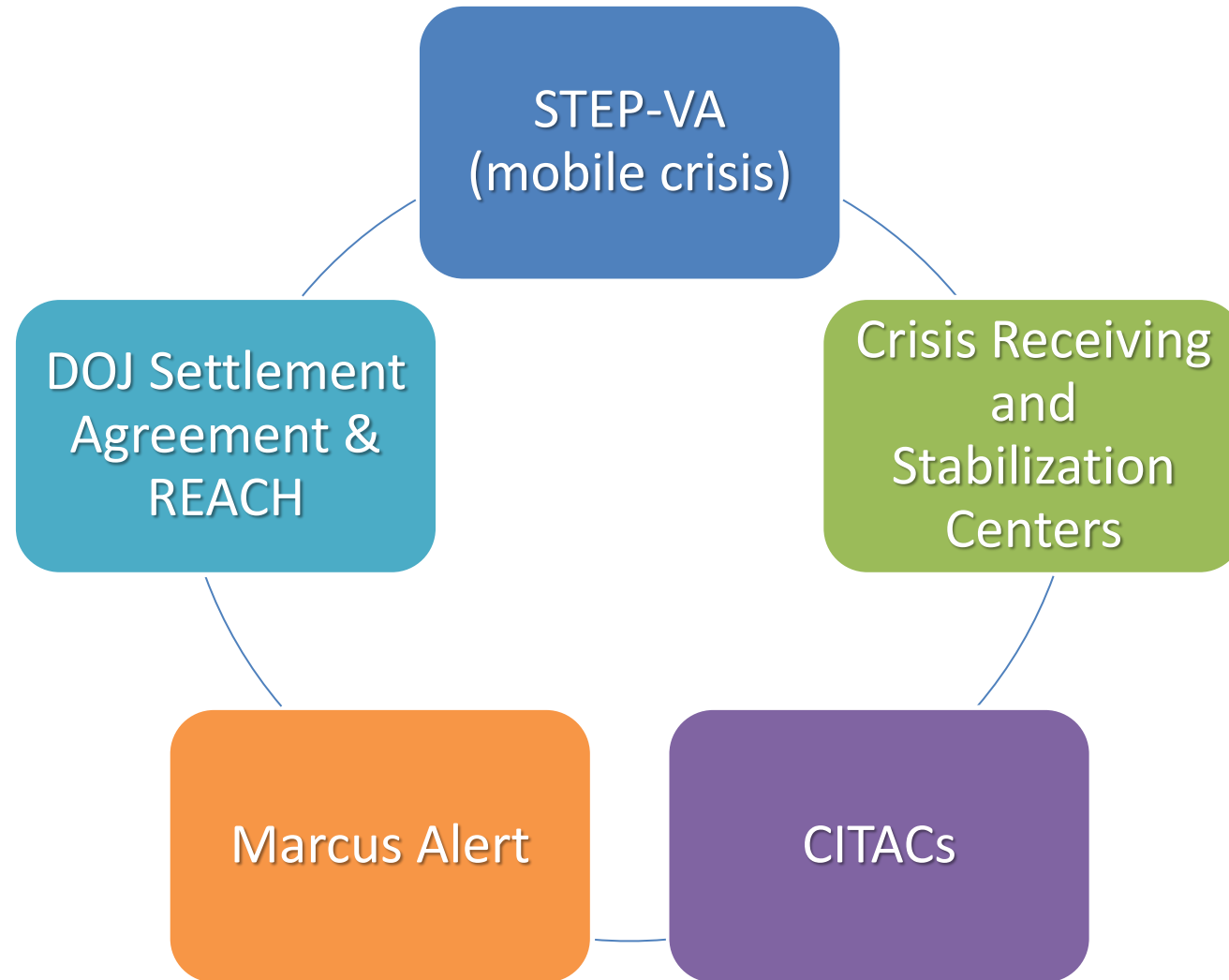
Care Coordination

Implementation by STEP

STEP	Phase 1	Phase 2	Phase 3
Same Day Access	0	0	40
Primary Care Screening	0	0	40
Outpatient Services	0	0	40
<i>Crisis (next slide)</i>			
SMVF (Veterans)	0	40	0
Peer and Family Supports	0	40	0
Case Management	40*	0	0
Psychiatric Rehabilitation	40*	0	0
Care Coordination	40*	0	0

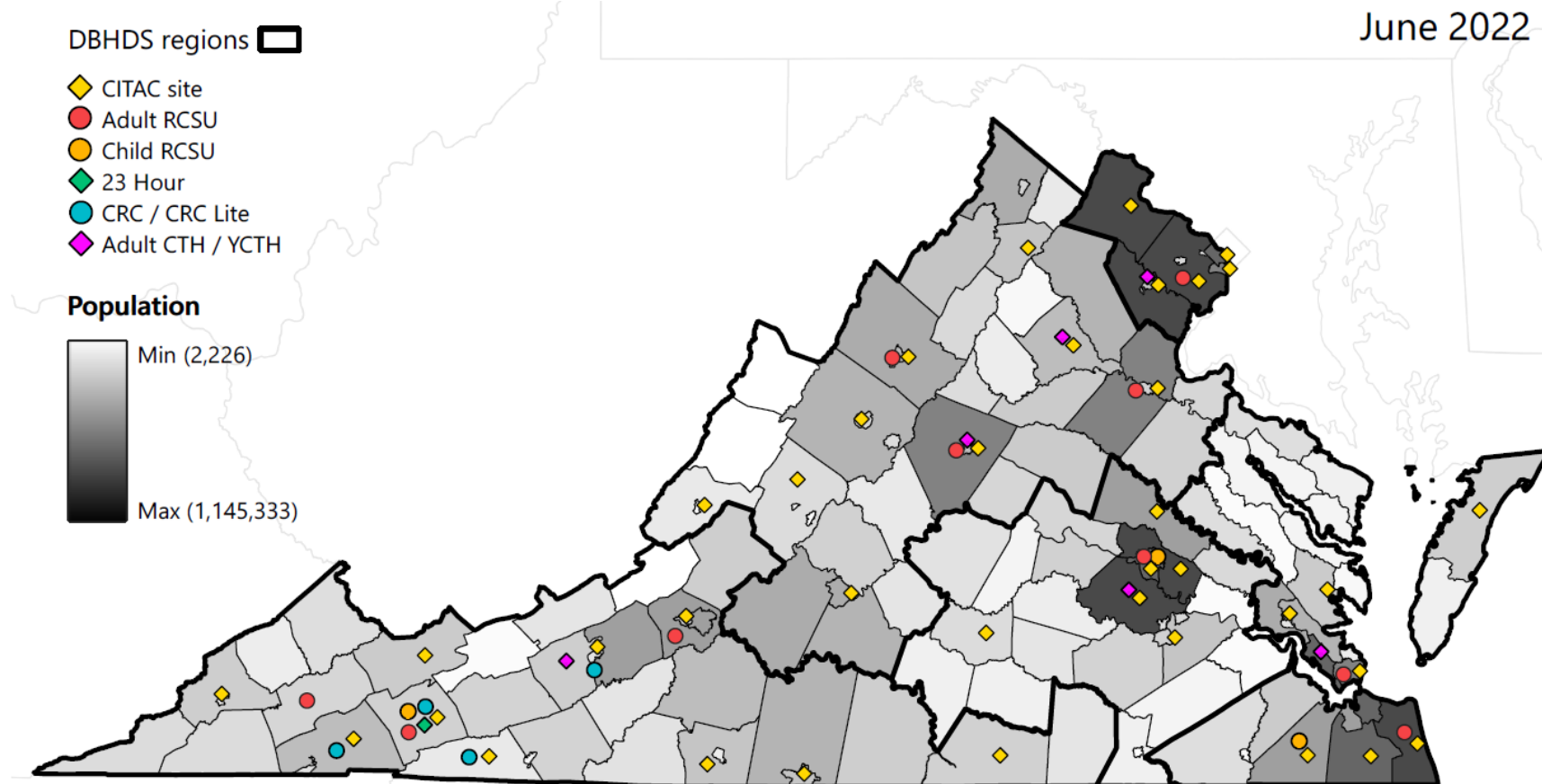
* Most CSBs provide or contract for these services, but we have not yet measured implementation of the standard definition or metrics.

Crisis System Transformation



Crisis Sites by Locality

June 2022



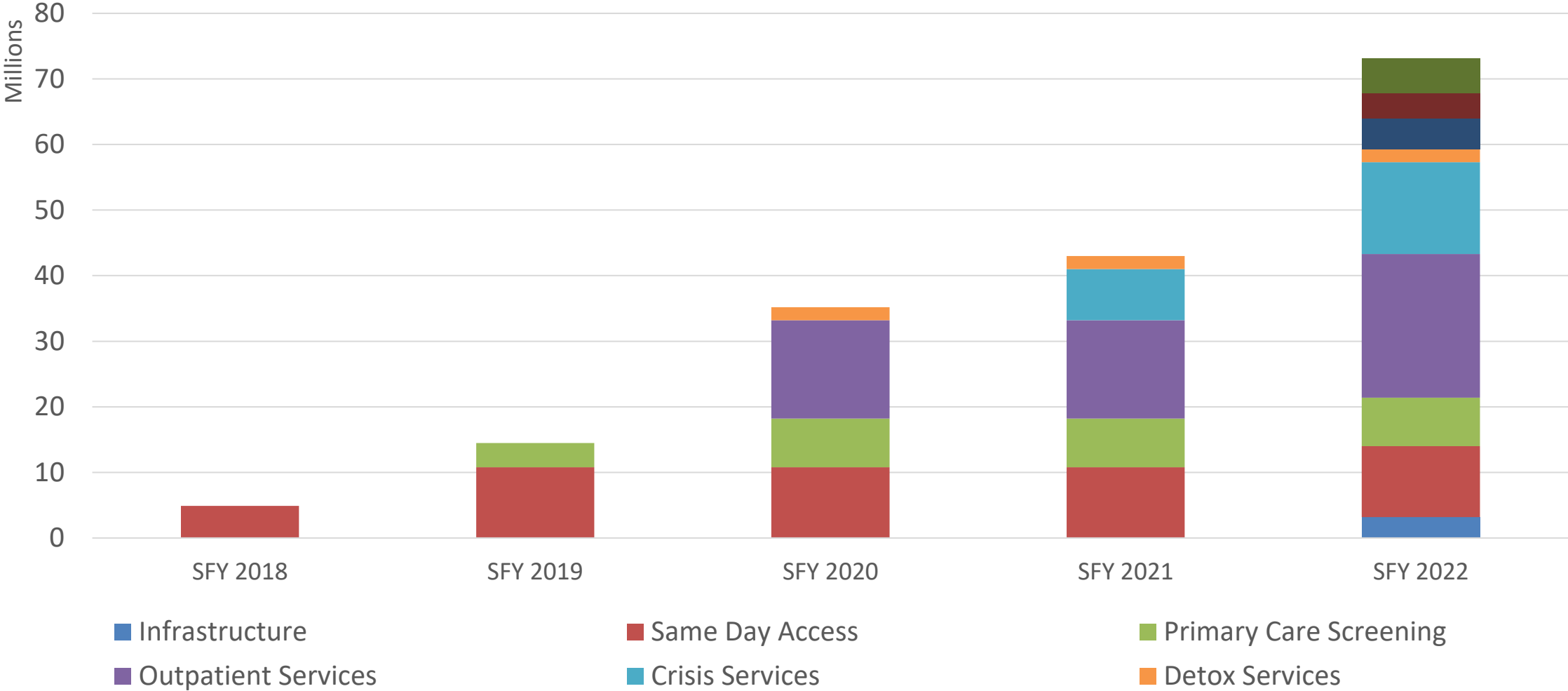
Crisis Sites by Locality

Population data from University of Virginia Weldon Cooper Center, Demographics Research Group. (2021). Virginia Population Estimates. Retrieved from <https://demographics.coopercenter.org/virginia-population-estimates>

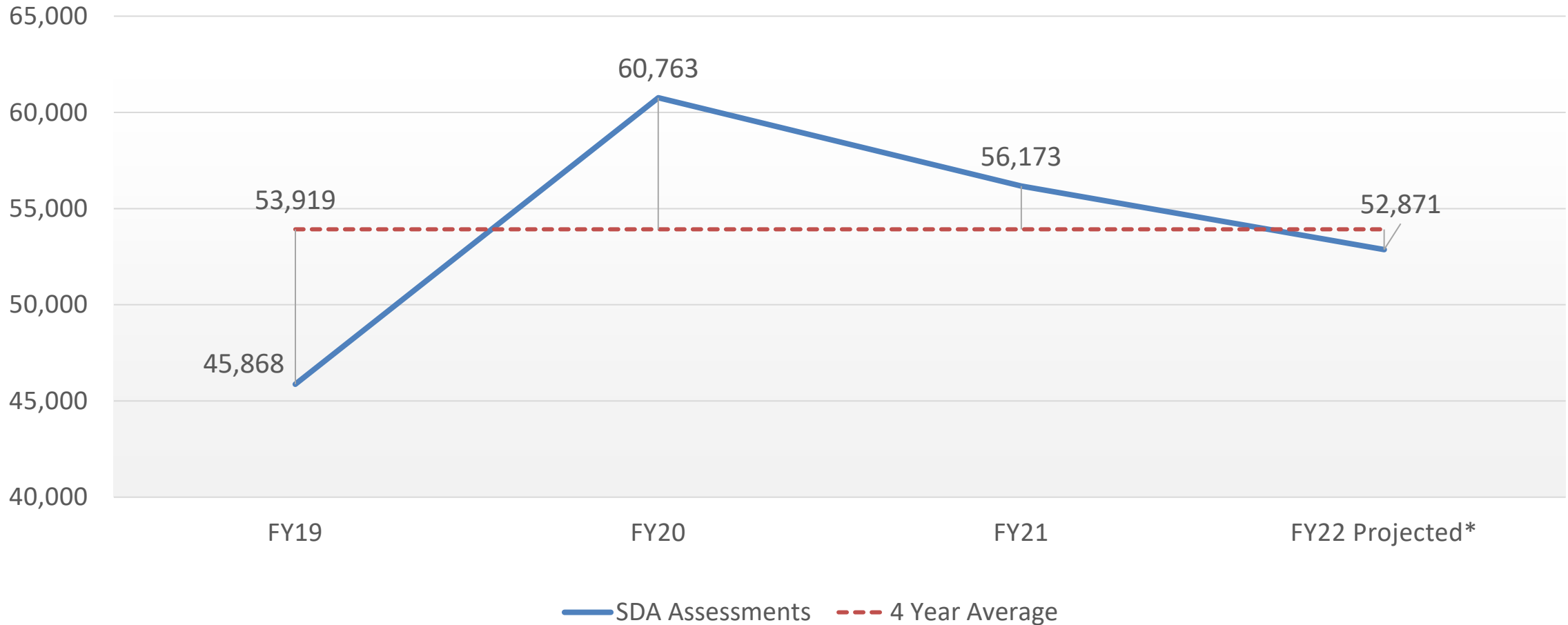
Points have been placed roughly at the center of the corresponding locality. They do not indicate exactly where the site is located within the locality.

STEP-VA Funding, Not Including Crisis

STEP-VA Investments by State Fiscal Year

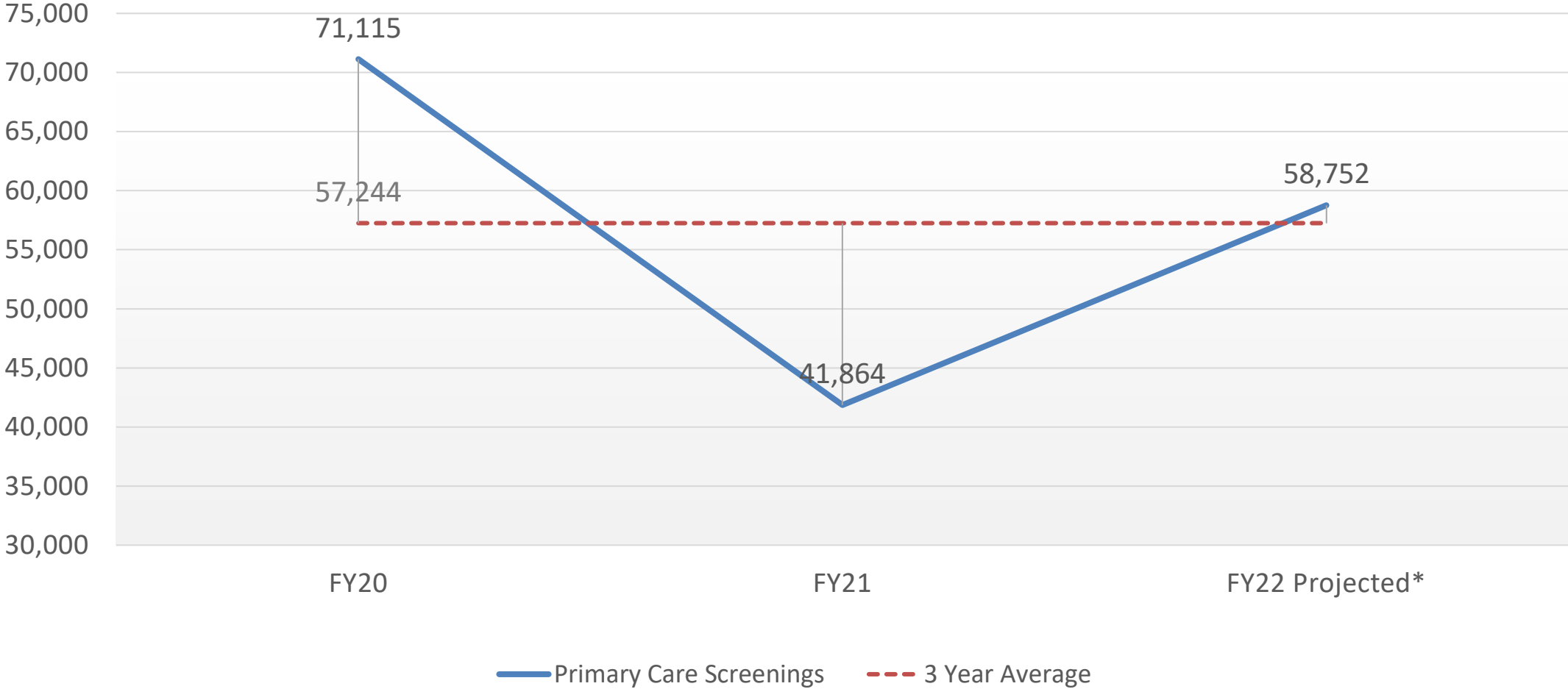


Same Day Access Assessments by Fiscal Year



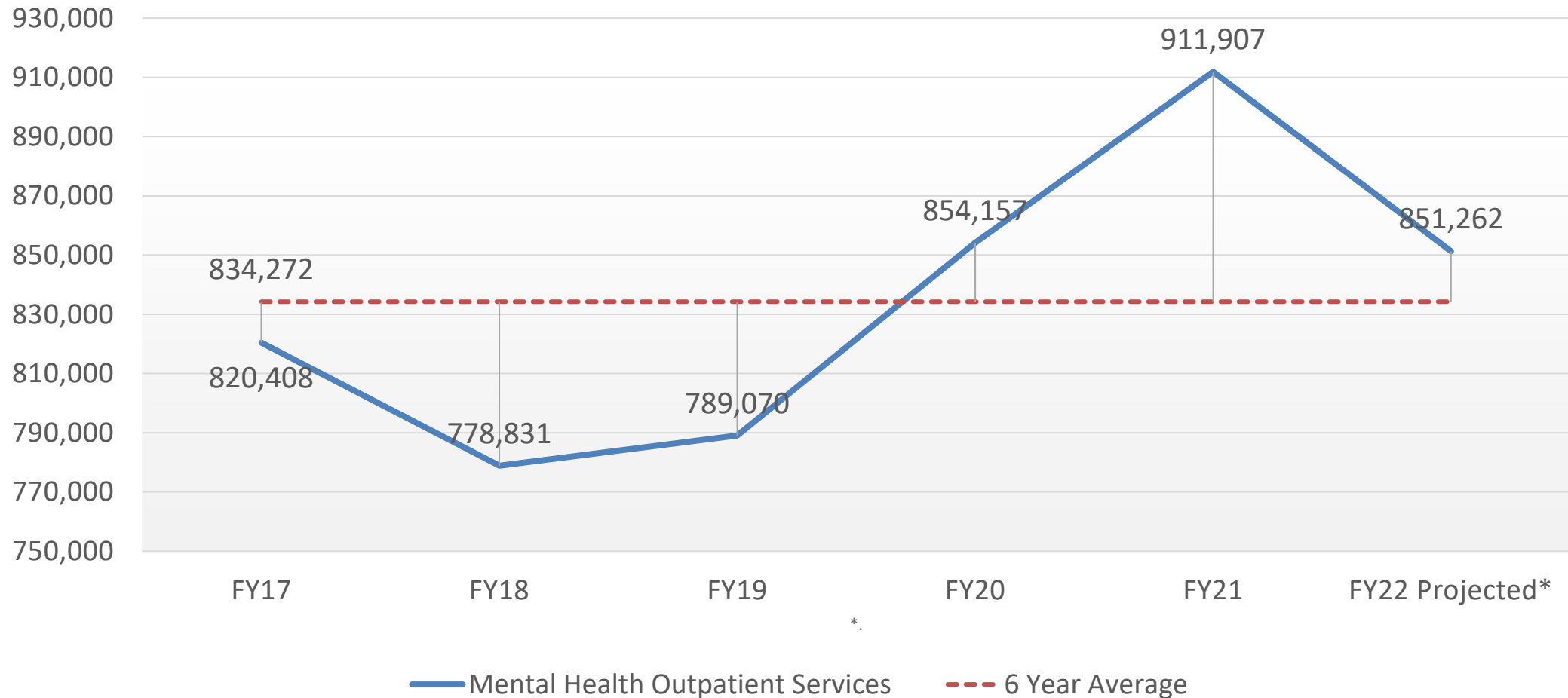
*FY22 data collected through April 2022. Projected total includes inputting monthly average for final two months of the fiscal year.

Primary Care Screenings Completed by Fiscal Year



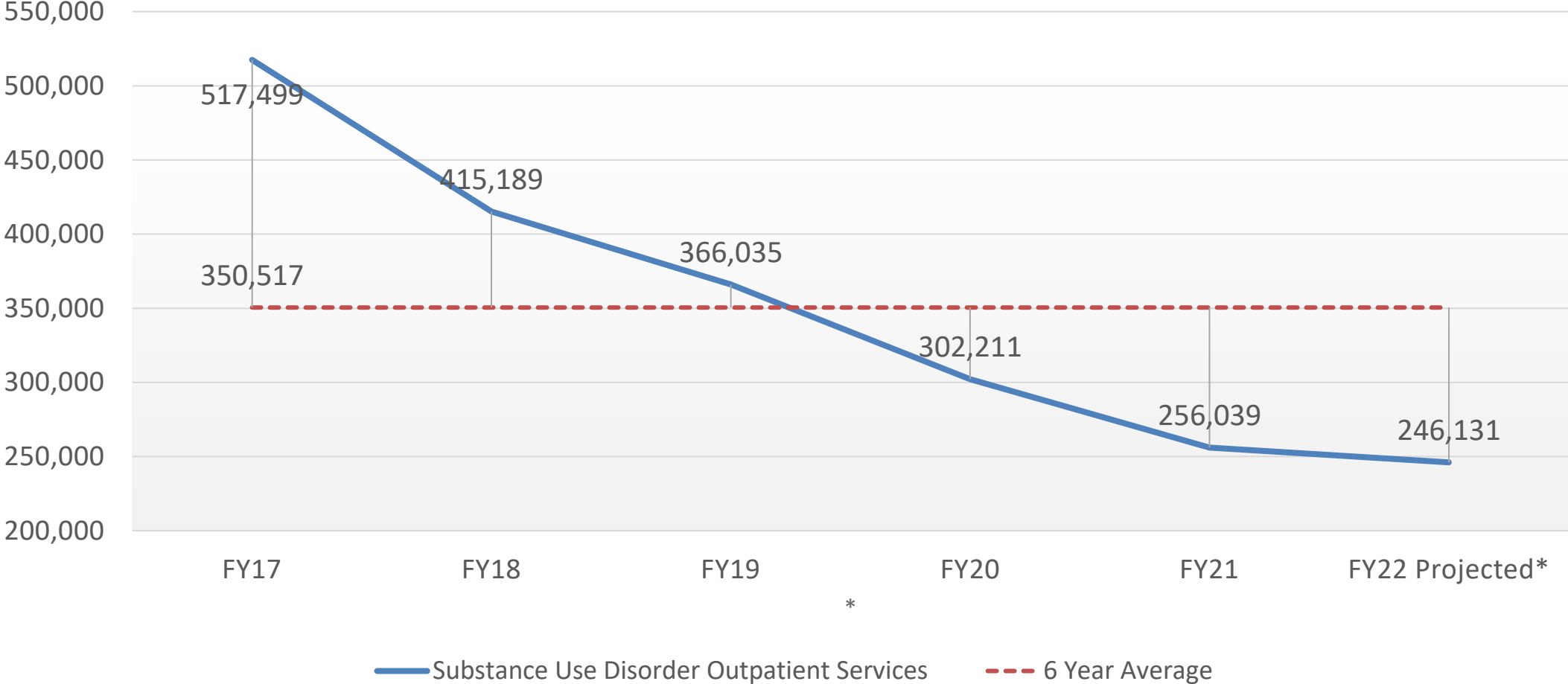
*FY22 data collected through April 2022. Projected total includes inputting monthly average for final two months of the fiscal year.

Mental Health Outpatient Total Service Units by Fiscal Year



FY22 projected total doubles sum of service units in mid-year utilization reports

Substance Use Disorder Outpatient Total Service Units by Fiscal Year



FY22 projected total doubles sum of service units in mid-year utilization reports.

Metrics

Shared dashboard launched July 1, 2021

Review, technical assistance, and corrective action planning integrated into performance contract July 1, 2022

- Currently in early implementation

Current benchmarked measures:

- Engagement in Substance use disorder services
- Same Day Access metrics
- DLA-20 change scores

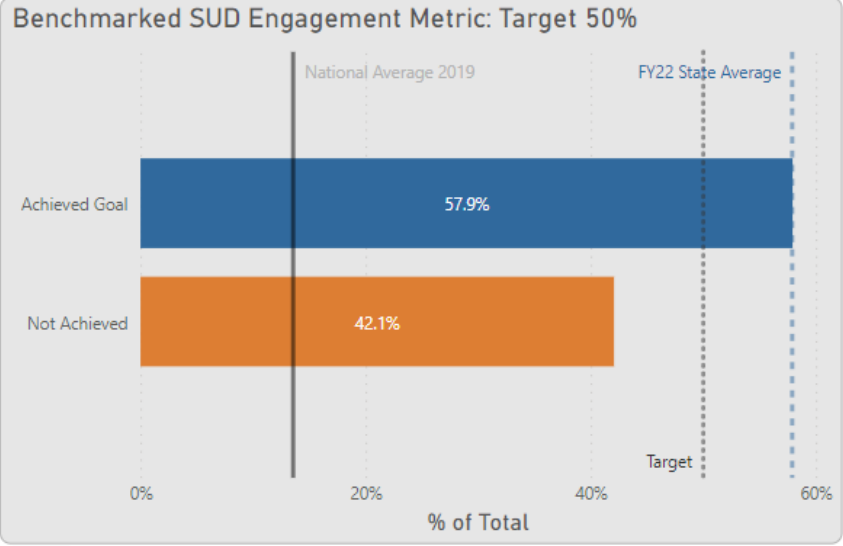
Benchmarked Measure

Target - 50%

State Average

57.9% ✓

Goal: 50 %



Measure 2: Appointments Kept

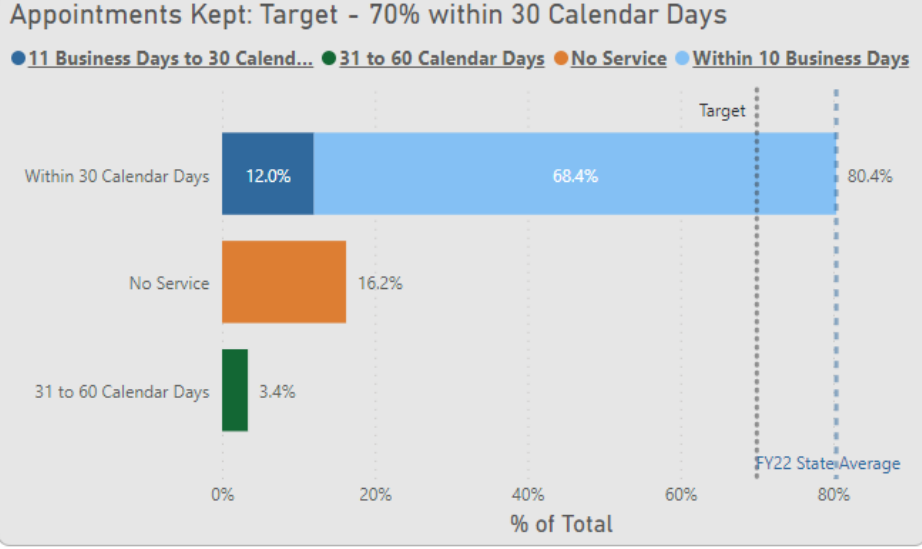
Target - 70% within 30 Calendar Days

State Average

80.4% ✓

Goal: 70 %

Within 30 Days



Benchmarked Metrics (Performance Contract)

Metric	Benchmark	State Performance
Same Day Access- Appointment Offered	86%	Continue to validate data regarding appointments offered
Same Day Access- Follow up Appointment Attended within 30 days	70%	80.4% 29 out of 40 most recent month
Substance use disorder treatment engagement	50%	57.9% 17 out of 40 most recent month

Training Metrics

- 100% of CSBs offering evidence based practices or programs (EBPs)
 - Average of 12 EBPs per CSB (range: 2-27)
- 73% of CSB direct service staff had met the military cultural competency training requirement as of July, 2021
 - Goal: 100% by July, 2022
- 74% of CSB clinical staff met the outpatient trauma training minimum requirement as of July, 2021
 - Goal: 100% by July, 2022

Barriers

Workforce

- Services which remained open throughout the pandemic have recently been at risk of closing or experienced closures due to workforce shortages
- STEP-VA positions are difficult to fill; some remain vacant

System Issues

- No long term solution for safety net integrated care
 - STEP-VA was passed prior to carve-ins
 - Impacts ability of DBHDS to make informed funding decisions
 - Must balance STEP-VA requirements with previously unexpected requirements of managed care
- Federal funding (ARPA) for 2023
 - Now under a reimbursement model

Next Steps

Step	Planning and Installation (Phase 1 Start Date)	Initial Implementation (Phase 2 Start Date)	Full Implementation/ Validation (Phase 3 Start Date)
Case Management	7/1/2021	7/1/2023	7/1/2024
Psychiatric Rehab	7/1/2021	7/1/2023	7/1/2024
Care Coordination	7/1/2021	7/1/2023	7/1/2024