

Behavioral Health Commission

Presented by:

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Licensed And Staffed Psychiatric Beds

41 of 43 private hospitals responded to the survey

Adult licensed beds: 1493 | Adult staffed beds: 1270

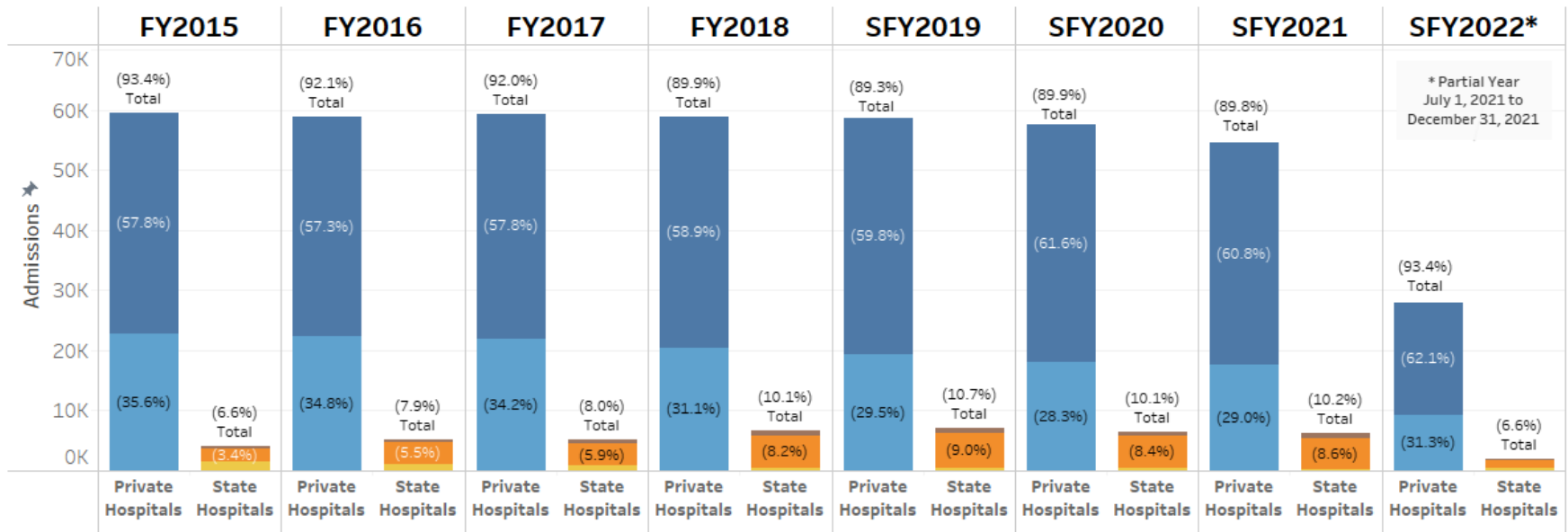
85% of adult beds are staffed

Child & Adolescent licensed beds: 385 | Child & Adolescent staffed beds: 317

82% of child & adolescent beds are staffed

State-wide Behavioral Health Inpatient Volumes

Tracking Behavioral Health Admissions In Virginia's State and Private Hospitals



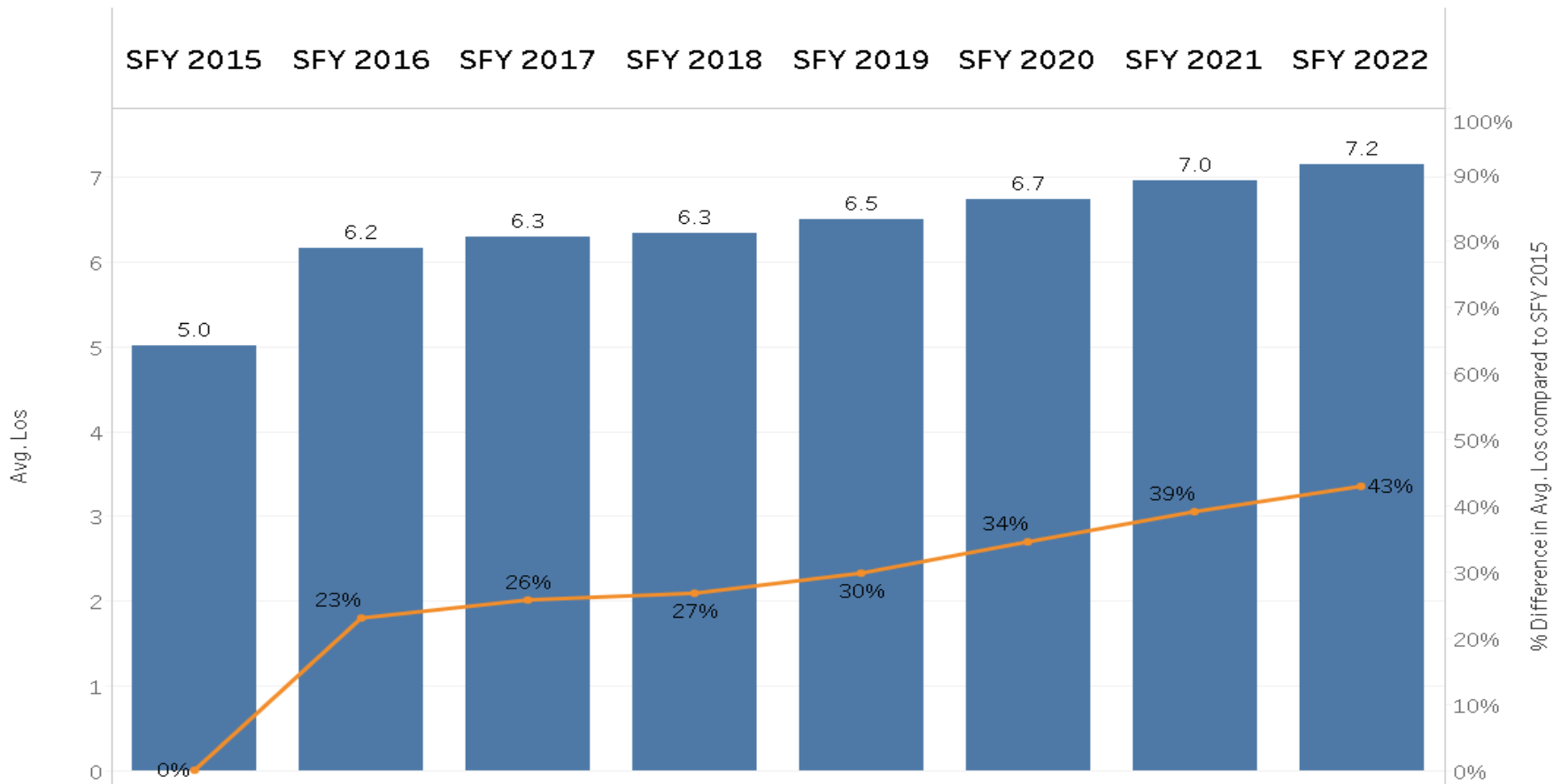
■ Voluntary Admits to Private Hospitals
 ■ Forensic TDO Admits to State Hospitals
 ■ Civil Admits to State Hospitals
■ TDO Admits to Private Hospitals
 ■ Civil TDO Admits to State Hospitals

| | | FY2015 | FY2016 | FY2017 | FY2018 | SFY2019 | SFY2020 | SFY2021 | SFY2022* |
|--------------------------|--|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| Private Hospitals | Voluntary Admits to Private Hospitals | 36,794 (57.8%) | 36,676 (57.3%) | 37,240 (57.8%) | 38,541 (58.9%) | 39,249 (59.8%) | 39,484 (61.6%) | 36,934 (60.8%) | 18,524 (62.1%) |
| | TDO Admits to Private Hospitals | 22,697 (35.6%) | 22,301 (34.8%) | 22,025 (34.2%) | 20,323 (31.1%) | 19,329 (29.5%) | 18,100 (28.3%) | 17,624 (29.0%) | 9,335 (31.3%) |
| | Total | 59,491 (93.4%) | 58,977 (92.1%) | 59,265 (92.0%) | 58,864 (89.9%) | 58,578 (89.3%) | 57,584 (89.9%) | 54,558 (89.8%) | 27,859 (93.4%) |
| State Hospitals | Forensic TDO Admits to State Hospitals | 432 (0.7%) | 400 (0.6%) | 571 (0.9%) | 745 (1.1%) | 773 (1.2%) | 723 (1.1%) | 700 (1.2%) | 343 (1.1%) |
| | Civil TDO Admits to State Hospitals | 2,192 (3.4%) | 3,497 (5.5%) | 3,827 (5.9%) | 5,356 (8.2%) | 5,876 (9.0%) | 5,412 (8.4%) | 5,240 (8.6%) | 1,277 (4.3%) |
| | Civil Admits to State Hospitals | 1,557 (2.4%) | 1,172 (1.8%) | 770 (1.2%) | 481 (0.7%) | 359 (0.5%) | 339 (0.5%) | 232 (0.4%) | 355 (1.2%) |
| Total | 4,181 (6.6%) | 5,069 (7.9%) | 5,168 (8.0%) | 6,582 (10.1%) | 7,008 (10.7%) | 6,474 (10.1%) | 6,172 (10.2%) | 1,975 (6.6%) | |
| Grand Total | | 63,672 (100.0%) | 64,046 (100.0%) | 64,433 (100.0%) | 65,446 (100.0%) | 65,586 (100.0%) | 64,058 (100.0%) | 60,730 (100.0%) | 29,834 (100.0%) |

Data Source: Department of Behavioral Health and Developmental Services (DBHDS); VHHA Inpatient Database. Voluntary BH Admits to Private Hospitals determined by subtracting the DBHDS private TDO admissions from private hospital admissions in MDC19 with a psych bed revenue code; Substance abuse admits defined using MDC20 and MDC21 and a psych bed revenue code; SFY 2020, SFY 2021, and SFY 2022 volumes were impacted significantly due to the COVID-19 pandemic; SFY 2022 volumes only reflect a partial state fiscal year Jul-2021 to Dec-2021 based on the availability of DBHDS & VHHA data; Psychiatric bed revenue codes are defined with codes: 114, 124, 134, 144, 154, and 204.

Length of Stay Trends

Tracking Avg. Length of Stay (Days) - Behavioral Health Admissions In Virginia Private Facilities



Data Source: Department of Behavioral Health and Developmental Services (DBHDS); VHHA Inpatient Database. Voluntary BH Admits to Private Hospitals determined by subtracting the DBHDS private TDO admissions from private hospital admissions in MDC19 with a psych bed revenue code; Substance abuse admits defined using MDC20 and MDC21 and a psych bed revenue code; SFY 2020, SFY 2021, and SFY 2022 volumes were impacted significantly due to the COVID-19 pandemic; SFY 2022 volumes only reflect a partial state fiscal year Jul-2021 to Dec-2021 based on the availability of DBHDS & VHHA data; Psychiatric bed revenue codes are defined with codes: 114, 124, 134, 144, 154, and 204.

*Partial State Fiscal Year - Data from 7-1-2021 to 12-31-2021 - New data will be added as it becomes available.

Key Takeaways

- Private hospital patient volume has remained above 88% for the past 7 years.
- Over the same time period, private hospital average **LOS** has gone up by 2 days – roughly 43% since SFY 2015.
- The net effect of this is an increase of 28.4% in **patient days** from SFY 2015 to SFY 2021.
- Volume + LOS provides a more comprehensive representation of private hospitals impact on the behavioral health care system in Virginia.
- Recent state investment in its **Behavioral Health** facilities has not changed the growing dependence on private hospitals.

Behavioral Health System Challenges

March 2020 - Present

- Increase in behavioral health workforce shortages.
- Reduction of behavioral health services.
- Increase in patients' acuity.
- Increase in lengths of stay.
- Increase in emergency department wait times.

Questions?